

PACIFIC BALLET

SUZANNE LUNDBERG, ARTISTIC DIRECTOR

SCHEDULE OF CLASSES

August 29, 2016 – June 10, 2017

Children's Program Creative Movement - Level II	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dance with Me Parent & Child ages 2-4		2:30 – 3:15		3:00 – 3:45		
Pre-Ballet ages 4-6 (1 class/week)	3:00 – 3:45					9:30 – 10:15
Ballet Level I ages 6+ (1 class/week)		3:30 – 4:30				10:30 – 11:30
Ballet Level Ia ages 6+ (2 classes/week)		3:30 – 4:30			3:30 – 4:30	
Ballet Level II ages 6+ (2 classes/week)			3:30 – 4:30		3:30 – 4:30	
Ballet Level IIa <i>by invitation</i> (3+ classes/week) <i>Ballet Fit Stretch Recommended</i>		4:30 – 6:00	3:30 – 4:30		3:30 – 4:30	
			4:30 – 5:15 Ballet Fit Stretch			
Professional Preparatory Levels III - V	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Level III – Elementary (Pre-Pointe)	4:00 – 6:00 Technique/ Pre-Pointe	4:30 – 6:00 Technique	4:30 – 5:15 Ballet Fit Stretch 5:15 – 6:15 Contemporary & Choreography	4:00 – 5:00 Technique 5:00 – 5:45 Pre-Pointe	4:30 – 6:30 Technique & Repertory <i>(by Invitation)</i>	
Level IIIb – Elementary/Intermediate (Beginning Pointe)	4:00 – 6:00 Technique Beginning Pointe	4:30 – 6:00 Technique	4:30 – 5:15 Ballet Fit Stretch 5:15 – 6:15 Contemporary & Choreography	4:00 – 5:00 Technique 5:00 – 5:45 Beginning Pointe	4:30 – 6:30 Technique & Repertory <i>(by Invitation)</i>	
Level IV / V – Intermediate/Advanced	4:00 – 6:00 Technique/ Pointe	4:30 – 6:00 Technique	4:30 – 5:15 Ballet Fit Stretch 5:15 – 6:15 Contemporary & Choreography	5:00 – 6:00 Pointe	4:30 – 6:30 Technique & Repertory	11:00 – 11:45 Ballet Fit Stretch 11:45 – 12:30 Barre
Open Level Program Tap, Fitness, Teen & Adult, Etc.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tot Tap ages 4 ½-7 w/ Ana Frenes						1:00 – 1:45
Ballet Fit – Stretch & Strengthen			4:30 – 5:15			11:30 – 12:15
Contemporary / Choreography			5:15 -6:15			
Beg/Int Ballet Pre-Teen/Teen				4:00 – 5:00		
Beg/Int Ballet Barre Teen & Adult						12:15 – 1:00
Intermediate Teen & Adult /Homeschool		12:00 – 1:30	12:00 – 1:30	12:00 – 1:30		
Ballet Technique – Elevate Dance Co.				4:00 – 5:00		
Beg. Ballet – Stockton Figure Skating - TBA		6:15 -7:15			7:00 – 8:00	
Elevate Dance Co.	6:00 – 8:00	6:00 – 8:00				

PACIFIC BALLET, LLC

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